

True Fitness Mega Combat 2010
Work out with the Stars!
17 July 2010

The Suntec City Fountain of Wealth was an explosion of activity with more than 400 participants @ Singapore's largest outdoor Bodycombat™ event. Despite the early morning rain, this did not dampen the enthusiasm as evident by the good attendance and infectious, high energy mood.

This year's theme, entitled "Work out with the Stars" was graced by True Fitness' brand ambassador - Andrea Fonseka, Celebrity DJ Cheryl Miles, and FLY Entertainment artistes Bobby Tonelli as well as Tracy Tan. At this True Fitness's signature annual event, they kicked and punched along with the participants in an hour long mass Bodycombat™ workout.

Led by 10 energetic True Fitness instructors on stage, everyone performed choreographed moves drawn from a wide array of martial-art disciplines such as Karate, Boxing, Taekwondo, Tai Chi and Muay Thai.

Participants walked away with attractive goodie bags and 3 lucky winners received Lucky Draw prizes worth more than \$3000, comprising of items such as Armani Exchange Sunglasses, Jean Paul Gaultier fragrances, Lancaster Skincare products, as well as Timex watches.

